

Outdoor Ex

- **Sanitize or wash your hands before using equipment**
- **Wear a mask or face covering at all times**
- **Maintain social distancing while in the equipment areas**
- **Do not switch equipment – only the equipment you have reserved may be used**
- **Vacate your equipment by 45 minutes after the hour**

Indoor Ex

- **Sanitize or wash your hands before entering fitness room**
- **Indicate which equipment you use by placing the Usage Card on the ground**
- **Vacate your equipment by 45 minutes after the hour**
- **Wear a mask or face covering when you leave the gym**

RRC staff will clean USED equipment after use. We will not clean equipment that has not been indicated as USED.

You are welcome and encouraged to pre-clean any equipment that you plan on using with a disinfectant wipe.

Thank you!